

<b>13 March 2014</b>	<b>ITEM: 8</b>
<b>Health and Well being Board</b>	
<b>CAMHS SERVICE REDESIGN AND RECOMMISSIONING</b>	
<b>Report of:</b> Paula McCullough – Commissioning officer – Emotional Health and Well Being	
<b>Accountable Head of Service:</b> Barbara Foster – Head of Children’s Care and Targeted Outcomes	
<b>Accountable Director:</b> Carmel Littleton – Director of Children’s Services	
<b>This report is:</b> Public	
<b>Purpose of Report:</b> Health and Well Being Board to agree to proceed to procurement.	

## **EXECUTIVE SUMMARY**

CAMHS (Child and Adolescent Mental Health Services )Tier 2 & Tier 3 services are currently delivered by 3 different providers operating under multiple contracts throughout Essex, Southend and Thurrock.

The 3 Local Authorities (Essex, Southend and Thurrock), the 7 Clinical Commissioning Groups (CCGs), NHS England, current providers and a wide range of stakeholders have been working in partnership during 2013 to develop an integrated commissioning approach and a redesigned service model that integrates the Tier 2 and Tier 3 Services.

A soft market testing exercise has been undertaken during January & February 2014 enabling current and potential providers to review aspects of the delivery of this new service model and allows us to identify if there is a market for delivery of this new service.

Once all the partners have given approval to start the procurement process, the CCGs, Southend and Thurrock will be able to issue notice to the current Tier 3 providers (NEPFT & SEPT). They are subject to yearly notice periods and the plan is to issue notice on 1<sup>st</sup> April 14. After notice has been served the CSU will lead a procurement process starting with the Pre-Qualification Questionnaire (PQQ) being issued in April 2014 and will end once the preferred provider is identified and the contract is signed at the end of December 2014. The new service will then ‘Go Live’ with the preferred provider on the 1<sup>st</sup> April 2015.

This proposal seeks to deliver improved provision for children and young people with emotional wellbeing and mental health needs through the procurement of a newly redesigned integrated Tier 2&3 C&YP EWMH service which will deliver our vision below.

Our vision is to improve the Emotional Wellbeing and Mental Health (EWMH) of the estimated 32,638 children and young people aged 0-19 in Essex, Southend and Thurrock with these needs, and hence, improve their educational and social life chances by ensuring the delivery of high quality services that use evidence-based effective interventions which respond to individual needs from conception to their 25th birthday.

## **1. RECOMMENDATIONS:**

- 1.1 Health and well being Board to note the content of this report and agree to proceed to procurement to enable the service to be delivered to the timescale outlined above. This will be a shared service and commissioning process with Essex and Southend.

## **2. INTRODUCTION AND BACKGROUND:**

- 2.1 Southend, Essex and Thurrock LA each commission an early intervention services (child and adolescent mental health Services – CaMHS) for children and young people in their area who have emerging emotional wellbeing and mental health needs (Tier 2). Health commission separate provision for those with mental health problems (Tier 3). In various consultations undertaken since 2011, children, young people, parents and professionals have identified the concerns they have about the current model. The independent Joint Strategic Needs Assessment of Child and Adolescent Emotional Wellbeing and Mental Health (JSNA EWMH- summer 2013) concluded that there is no overall coherent integrated strategy within which services are commissioned and there is a complex, fragmented and poorly understood and accessed set of services in place. The Health and Social Care reforms together with the current financial climate have given added impetus for an integrated health and LA commissioning approach across the 3LA areas.
- 2.2 **Our Vision** is to improve the emotional health and wellbeing of children and young people from conception to their 25<sup>th</sup> birthday and hence, their educational and social life chances by ensuring the delivery of high quality services that use evidence based effective interventions which respond to individual emotional and mental health needs.
- 2.3 In response to the consultations and the JSNA, Southend, Essex and Thurrock Local Authorities and the 7 health Clinical Commissioning Groups in the area have developed a redesigned Service Model.

## **3. CONSULTATION (including Overview and Scrutiny, if applicable)**

- 3.1 Commissioners, providers and wider stakeholders including users have recognised for some time that the current model of emotional wellbeing and

mental health provision for children, young people, their families and carers is not providing sufficient integration.

3.2 Consultations with partners, children and young people and their parents/carers during 2011, 2012 and 2013 focused on the experience of CAMHS Tier 2 and Tier 3 and what a good service would consist of, The key emerging themes were:

- Supporting parents/carers and the whole family
- Having local or community based services and engaging with young people
- Improved access to support, advice with quick and easy access/referral to appropriate services.
- Workforce training (including universal staff)

3.3 The three Local Authorities (Southend, Essex and Thurrock), the seven Clinical Commissioning Groups (CCGs), current providers and a wide range of stakeholders have been working in partnership during 2013 to develop a service model that integrates the Tier 2 and Tier 3 Services (which are currently separate), reflects good practice and addresses the gaps and approaches identified in these consultations and the JSNA EWMH.

3.4 The service model is now complete and there will be a number of further stakeholder and service user engagement events throughout February to ascertain whether the model developed has addressed the concerns originally raised and represents the type of service stakeholders would like to see delivered. The Thurrock stakeholder engagement event will be held on the 26<sup>th</sup> February 2014.

3.5 In order to involve key partners, stakeholders and service users, the stakeholder event will address the following questions:

- Does this model ensure that the concerns, needs and requirements of stakeholders from an EWMH Service are met?
- Does this model ensure that the concerns, needs and requirements of children, young people and families/carers from an EWMH Service are met?
- Does this model ensure that the concerns, needs and requirements of Commissioners from an EWMH Service are met?

3.6 A soft market testing exercise (Request for Information) was undertaken during January 2014 enabling current and potential providers to review aspects of the delivery of the service model.

3.7 Following feedback from stakeholder events the service model will be revised and plans for securing future service delivery will be finalised by end March 2014.

#### **4. IMPACT ON CORPORATE POLICIES, PRIORITIES, PERFORMANCE AND COMMUNITY IMPACT**

4.1 The implementation of the new service model for CaMH's services will have a significant and positive impact on the quality of mental health services for children and young people in Thurrock. The new model will support the delivery of locally based services whilst affording access for Thurrock's children and young people to wider specialist services within the overall contract ensuring that positive mental health services are delivered.

#### **5. IMPLICATIONS**

##### **5.1 Legal**

Implications verified by: **Lindsey Marks**  
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[lindsey.marks@BDTLegal.org.uk](mailto:lindsey.marks@BDTLegal.org.uk)

There are no direct legal implications for this report

##### **5.2 Diversity and Equality**

Implications verified by: **Rebecca Price**  
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The implementation of a high quality CaMH's service is key to ensuring equality of opportunity for the children and young people of Thurrock and the Diversity Team would want to ensure that access to CaMH's services is available to those who require that support.

##### **5.3 Finance**

Implications verified by: **Kay Goodacre**  
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There is dedicated funding available to enhance and improve the service, however consideration will need to be given to which budgets will meet the costs in the longer term. Consideration should also be given to developing a buy back arrangement for local Schools and Academies to procure a service to support dedicated therapeutic provision within individual settings.

## **BACKGROUND PAPERS USED IN PREPARING THIS REPORT:**

- SET Procedures for Safeguarding
- The Thurrock CAMHS Strategy (2013 – 2017)
- Thurrock Early offer of Help Strategy (2012 – 2015)
- Essex Transition Protocol (2012 – 2015)
- Health and Well being strategy (2013 -2016)

## **APPENDICES TO THIS REPORT:**

- Appendix 1 – Children and Young People Emotional Wellbeing and Mental Health Service Model document.

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